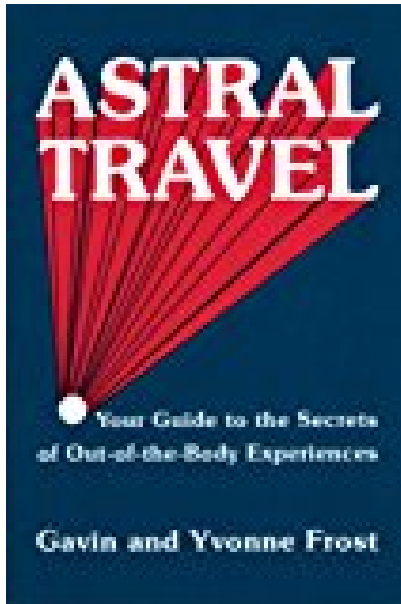


# Astral Travel Your Guide to the Secrets of Out-Of-The-Body Experiences

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## BOOK DETAILS

- Author : Yvonne Frost
- Pages : 240 Pages
- Publisher : Weiser Books
- Language : English
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## BOOK SYNOPSIS

We all have the ability to separate from our physical bodies and travel on the astral plane. In this uniquely practical guide, you will learn how to differentiate between astral travel and conventional dreaming, and how to control and monitor the exper

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